



**Manage Your Benefits  
Anywhere, Anytime**

## MY DENTAL BENEFITS

Engaging and knowing your benefits can make you healthier and a smarter health care consumer.

Most benefit inquiries can be handled conveniently online using our simple, self-service member portal. Create a **My Dental Benefits** account to better manage your insurance coverage!

Use your My Dental Benefits account to:

- ✓ Check claim status quickly
- ✓ See what your plan covers and how much we'll pay
- ✓ Print ID cards
- ✓ Find a dentist
- ✓ Evaluate your oral health with My Dental Assessment

**After your plan's effective date**, you are able to create your account. Here's how:

- ✓ Go to **UnitedConcordia.com**
- ✓ Click **Create an Account**
- ✓ Select **Member**
- ✓ Enter the **ID number** found on your insurance card and **your birthdate**



*My Dental Benefits  
provides access to  
a virtual ID card!  
Download our mobile  
app to have your ID card  
everywhere you go.*

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-332-0366 (TTY: 711).
Español (Spanish)	ATENCIÓN: Si habla español, le ofrecemos de ayuda lingüística gratuita. Llame al 1-800-332-0366 (TTY: 711).
繁體中文 (Chinese)	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-332-0366 (TTY: 711)。



## Your Dental Plan Includes Smile for Health®-Wellness

Enhanced benefits for people with certain chronic medical conditions and gum disease

If you have been diagnosed with one of the following chronic medical conditions, you are eligible for enhanced dental benefits through Smile for Health®-Wellness.

- Cerebral Vascular Disease (including Stroke)
- Cardiovascular (Heart) Disease
- Diabetes
- Lupus
- Oral Cancer
- Organ Transplant
- Rheumatoid Arthritis

Research continues to uncover connections between certain chronic medical conditions and periodontal (gum) disease. By receiving the proper gum disease care at the dentist, you may experience improvements in your overall health.

With Smile for Health®-Wellness, eligible members receive enhanced coverage for necessary periodontal services, including surgical procedures, to reduce the financial obstacles to total oral care.

### Enhanced Benefits

Additional Service* (per plan year)	Covered Amount
Periodontal (gum disease) maintenance – one additional procedure above your plan’s standard limit	100%**
Scaling & Root Planing†	
Periodontal Surgery—four procedures‡	

\* If necessary in accordance to United Concordia policies, as demonstrated by your dentist’s submitted documentation.

\*\* Your standard plan’s frequency limitations (how often services are covered), annual maximum (the maximum amount your plan will pay toward services during the plan year), and other details still apply.

† Note to dentists: Now including CDT Code D4346 (Current Dental Terminology © 2016 American Dental Association. All rights reserved.)

‡ Four procedures related to gingival flap or osseous surgeries.

### How to Register

You and any eligible dependents can register to use Smile for Health®-Wellness any time after your insurance plan’s effective date. Here’s how:

- Visit **UnitedConcordia.com/GetMDB** from your desktop or mobile device
- Sign into **My Dental Benefits** (or create an account)
- Click the **Wellness** tab at the top menu
- Click the **+Add a new condition** and complete the fields as prompted
- Your condition status will show as **ACTIVE** to confirm your activation

Once registered, talk to your dentist about what (if any) additional services you may need to keep your mouth as healthy as possible.

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